

# Bert R. Mandelbaum, M.D., DHL



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## Education and Training

SUNY at Cortland BS 1975 Lacrosse

Johns Hopkins Lacrosse Coach, premed

Washington University MD 1980

Johns Hopkins Orthopaedic Surgery 1985

UCLA Sports Medicine Fellowship 1986

UCLA Faculty 1986-89

Santa Monica Orthopaedic and Sports Medicine 1989-present

Doctor of Humane Letters (Hon.) SUNY 2009

# Bert Mandelbaum, M.D., DHL

## Positions

- ▣ 1989 - Present U.S. Soccer Federation, Consultant
- ▣ 1989 - Present U.S. Gymnastics Federation,  
Consultant
- ▣ 1989 - Present Assistant Team Physician, Santa  
Monica College
- ▣ 1989 - Present Head Team Physician, Pepperdine  
University
- ▣ 1992 - Present Team Physician US. Soccer  
Federation National Teams
- ▣ 1994 FIFA World Cup USA
- ▣ Team Physician U.S. World Cup

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## Positions

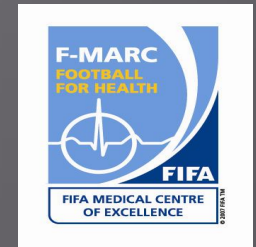
1995 - Present	American Journal of Sports Medicine Editorial Board Associate Editor Current Concepts
1995 - 2002	Women's Professional Volleyball Association and AVP Medical Director
1995 - Present	Major League Soccer (MLS) Assistant Medical Director
1996-present	International Cartilage Repair Registry Board Member Genzyme Corporation
1998	FIFA World Cup France Team Physician U.S.
1999	FIFA Women's World Cup USA

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## Positions

- ▣ 1999 – Present FIFA F-MARC Sports Medicine Committee
- ▣ 2000 Olympics -Sydney, Australia
- ▣ FIFA Medical Officer Football Tournament
- ▣ 2002 FIFA World Cup Korea-Japan
- ▣ Team Physician U.S. World Cup Soccer Team
- ▣
- ▣ 2003-present NFL Players Neutral Physician,
- ▣ Consultant
- ▣ 2003 FIFA Women's World Cup USA
- ▣ Chief Medical Officer
- ▣
- ▣ 2004 Olympics – Athens
- ▣ FIFA Medical Officer Football Tournament
- ▣ 2006 FIFA World Cup Germany
- ▣ Team Physician U.S. World Cup Soccer
- ▣
- ▣ 2007 FIFA Sports Medicine Committee, Member
- ▣ 2007 FIFA Medical Center of Excellence,
- ▣ 2008 CONCACAF Head of Sports Medicine Committee
- ▣ 2008-09 ICRS President

# SMOG Mission



to have a the state of the art  
Musculoskeletal and Performance  
center that implements the **Spectrum of  
Care** focused on Performance, Injury  
Care and Prevention for all athletes,  
patients and the community.

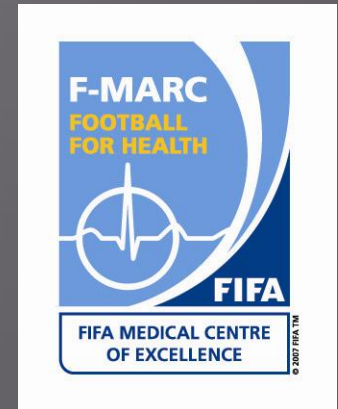


**ATHLETES  
PERFORMANCE**





# Spectrum of Care ...Our Concept TEAM



- Prevent Injury and Illness
- Enhance Performance
- Restore musculoskeletal Injury and the joint
- Rehabilitate and Return athletes to sport at Optimal and Core Performance Levels
- Minimize potential of osteoarthritis
- Keep all active and exercising....



**Athletes  
Performance**

# California group joins FIFA fold

We look forward to our future ... as a FIFA Medical Center of Excellence!!



SANTA MONICA ORTHOPAEDIC  
AND SPORTS MEDICINE GROUP







# Fellowship Mission



- ▣ Clinical/Surgical
- ▣ Team Physician
- ▣ Event Management
- ▣ Education
- ▣ Research and Publication





- ▣ Fellowship Clinical /Surgical
  - 3 fellows
  - 3 services
    - ▣ Upper Extremity
      - TPK and MRM
    - ▣ Lower Extremity
      - KME, MBG
    - ▣ Adult and Pediatric Sports Medicine
      - BRM, Jennifer Weiss
- ▣ Lots of surgery

# Adult and Pediatric Sports Medicine

## Bert Mandelbaum and Jennifer Weiss

- ▣ Spectrum of age, gender, level of athlete school, club, college, Professional
- ▣ Knee
  - Ligament, Meniscus, Articular Cartilage, Tendon
  - PF
  - Clinical trials
- ▣ Shoulder
  - Rotator Cuff, Labrum, Instability
- ▣ Ankle
  - Impingement, Instability, fractures
- ▣ Orthobiologics
- ▣ Lots of surgery





## ▣ Team Physician

- Coverage of Tour of California, Georgia and Missouri
- Pepperdine
- Santa Monica College
- US Soccer Olympics, World Cups
- LA Galaxy / Chivas
- LA SOL
- Pali Blues
- High Schools
- Rugby
- Gymnastics



## ▣ Education 2010

- Southern California Fellow series
- National Articular Cartilage Course for Fellows
- MLS meeting
- Metcalf Meeting
- World Cup Congress
- AAOS, AAOSM, AANA , Bologna Congress
- American Military Sports Med Meeting
- ICRS (Barcelona)
- Countless lectures



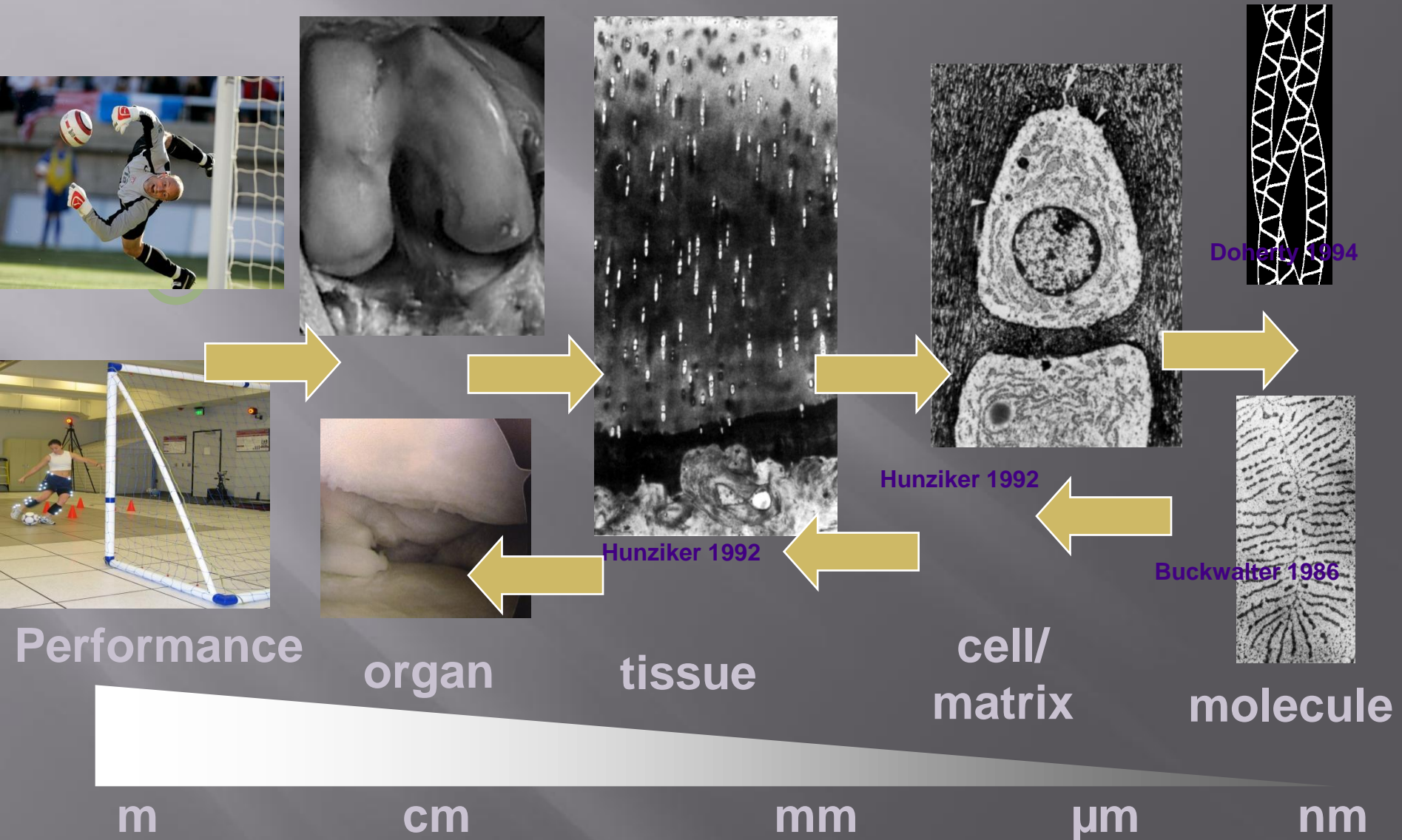


## Research and Publication



- ▣ Groin Injury /prevention MBG/HS et al
  - AJSM MLS RCT
- ▣ Cartilage Repair
  - Book with Chris Erggelet( Zurich) July 2008
  - AJSM Trochlear ACI March 2008
  - Cartilage Autograft Implantation System (CAIS) AOSSM
  - FDA Clinical Trial Pilot Depuy –Mitek 2006-07
  - AJSM PRP 2009
  - AJSM Microfracture 2009
- ▣ ACL Prevention/Prevention
  - NIH/USC 5 yr project... publications 2008-09
  - AJSM Aug 2008 CDC/FIFA RCT
  - BJSM July 2008 IOC Consensus
  - BJSM Sept 2008 Leg Dominance Rob Brophy
  - AJSM July 2007 ACL Measurements
  - CJSM Women's Soccer Supplement,
  - Drez book Chapter with Bahr, Watkins and Giza
  - NY Times article (Warrior Girls book - Mike Sokolove)
  - 2nd edition of the Injury Prevention Manual for FIFA --

# The Orthobiologic Paradigm 2010



# We look forward to meeting you!



(my family)